

**Nedret Öztan**  
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## **EDUCATION:**

**Ph.D., Clinical Psychology**, Ankara University, March, 1996.

**Certificate, Group Psychotherapy Track**, Training Institute for Mental Health Practitioners, New York, U.S.A., 1981-1983.

**M.A., Clinical Psychology**, The Catholic University of America, Washington, D.C., 1979.

**B.A., Sociology**, Ankara University, 1974.

## **PROFESSIONAL HISTORY**

**2008-Present: Part-time Instructor, Bilkent University** , Department of Psychology.  
Teaching courses on Abnormal Psychology and Clinical Psychology

**September 2018- November 2019: Psychosocial Consultant and Trainer, Directorate Generale of Migration Office-UNHCR.** Conducting trainings with psychologists, social workers, counselors and other experts in the psychological effects of migrations, the interventions and interview skills as well as worker support in working with Syrians.

**October 2017- July 2018: Psychosocial Consultant, Directorate Generale of Migration Office.-IOM.** Has prepared the handbook and the forms to be used by the staff in different cities to conduct interviews with special needs population and asylum seekers.

**October 2017- August 2018: Psychosocial Consultant, AFAD-Niras.** Has helped to develop handbooks in staff support as well as done training in Psychosocial Support, Psychological First Aid and Worker Support.

**2014–2017: Psychosocial Consultant, Directorate Generale of Migration Office.** Has done trainings and support group sessions with psychologists, social workers and sociologists. Has also done trainings in Stress Management, Crisis Intervention, Support Groups, . Has supervised the crisis intervention work when needed and supervised the staff for crisis situations and staff trainings in Refugee Psychology and Worker Support.

**2014-2017: Psychosocial Consultant, the Ministry of Family and Social Policies.** Has participated and supervised the minister psychosocial team on psychosocial work in different disaster and crisis situations (TUIK Massacre in Kars 2014, Ermenek Mine Accident 2014 Kilis Missile Attacks and Gaziantep Syrian Camps 2016: Bodrum Earthquake, 2017)., Has done the initial needs assessment, provided the psychological first aid and initial psychosocial support, and has trained and supervised psychologists and social workers as well as sociologists who worked for the Ministry of Family and Social Policies in psychosocial services. Has prepared the

Handbooks for Psychosocial Services, Training, Tips for Families and Worker Support to be used in the field. Has conducted public conferences in different cities.

**2002- 2016: Psychological Consultant, UNHCR, Ankara.** Conducted interviews with refugees for psychological assessment and done Best Interest Determination interviews with children and adolescents. Has also conducted support group sessions with the staff. Has applied crisis intervention strategies and supervised staff in crisis situations in Ankara as well as in other cities. Has done training for staff in stress management and crisis intervention.

**1998-Present: Director and Head of Training Unit, Institute for Psychological Services, Ankara.** Manage center activities, supervise psychologists, conduct therapy sessions, and lead workshops on psychological topics. METU Health Center, Bilkent University Personnel, Osmangazi University Hospital, Sabanci Holding, Ford Otosan are some the organizations worked with. Also done trainings for the Ministry of Family and Social Policies and AFAD for disasters and crisis intervention preparations, Migration Office and ASAM and UNHCR on the issues related to refugees.

Done first Turkish translation of MBTI in 1976, a member of the team that heads research efforts for the Turkish translation of the MBTI, a graduate of the Center for the Application of Psychological Type's Workshop in the MBTI.

Trained managers and professionals on coaching, team building and communication skills including MBTI at Sabanci Holding, FordOtosan and various hospitals and youth organizations.

**July 2016: The Member of Psychosocial Field Team after Kilis Missile Attacks:** Has done the needs assessment, provided the psychosocial support and has trained and will supervise psychologists and social workers who are working in the field for the Ministry of Family and Social Policies.

**November 2014: The Member of Psychosocial Field Team after Ermenek Mine Accident.** Has done the initial needs assessment, provided the psychological first aid, and has trained and supervised psychologists and social workers who worked for the Ministry of Family and Social Policies.

**May 2014: The Member of Psychosocial Field Team after Soma Mine Accident, Turkish Psychological Association and Union of Psychosocial Interventions in Disasters (UPSD),** Has done the initial needs assessment, provided the psychological first aid, and has trained psychologists, psychiatrists and social workers who will do the initial psychosocial work in the field.

**March 2014: The Coordinator of Psychosocial interventions after the TUIK Massacre in Kars,** has worked with a team from The Ministry of Family and Social Politics.

**May 2013- July 2013: The Coordinator of Psychosocial Interventions after Reyhanli Bombing,** Mustafa Kemal University, Hatay

**October 2011 – March 2012: the Coordinator of Psychosocial Interventions after Van**

**Earthquake, Turkish Psychological Association-UPSD .** Has done trainings for psychologists, psychologists and social workers for the Ministry of Health as well as other ministries

**May 2009: The Coordinator of Psychosocial Interventions after Mardin Massacre in Bilge Village, Mardin**

**September 2005: Psychological Consultant, IFRCRC, Pakistan.** Conducted a training seminar, shared the psychosocial project experiences after the earthquake for the professionals coming from the earthquake in Islamabad area. She worked on a psychoeducational handbook to be used in a Psychosocial Support Program.

**September 2004: Psychological Consultant, UNICEF, Iran.** Conducted a training seminar and shared the psychosocial project experiences after the earthquake for the professionals coming from the earthquake area in Bam, Iran. The handbook that she has written for Turkey is to be used for the Iran Psychosocial Project.

**Nov.2001-Jan.2002: Psychological Consultant, UNICEF, Islamabad and Kabul.**

Assess the psychosocial needs of the staff members, conduct individual and group counseling /debriefing sessions and make concrete suggestions as to the interventions for the future and integrate counseling/psychosocial issues into the overall work of the office.

**1999-2005: Psychological Consultant and Group Leader, UNICEF and Ministry of Education, Psycho-Social School Project (for Marmara Earthquake Region).** Duties included training and supervising school counsellors and school psychologists, debriefing, classroom based intervention, group counselling with children and psycho-education. Also included fieldwork in earthquake region, consultation with school administrators, teachers, families and children and writing the handbook for Psychoeducation training.

From 2002 the psychoeducational program was extended and has become a nationwide preventive program for traumatic experiences, like accidents, death, suicide, flood etc. She has supervised the extension of the program, updated the handbook and trained the psychologists and counselors nationwide in psychoeducation. Has also specialized in training school administrators, teachers and school counselors on preventive measures for suicidal students, what to do before and after the suicide cases in the school system.

**1999: Psychological Consultant, UNICEF Earthquake Disaster Assessment Team.**

included visiting the earthquake area right after the Marmara Earthquake in 1999 with the disaster assessment team and evaluating the need for psychosocial interventions and planning short and long term interventions .

**1999: Psychological Consultant, Turkish Psychological Association, Earthquake Special Task Force.** Duties including the supervision and the support of the psychologists working in the field as well as preparing the reading and training materials.

**1996-2006: Part-time Instructor, Middle East Technical University,** Department of Psychology. Instructed courses in Introduction to Psychology, Interview Techniques, Child Psychopathology and Theories of Psychotherapies.

**1996-1998: Part-time Instructor, Bilkent University,** The School of Tourism and Hotel Management. Instruct courses on interpersonal interaction, communication skills.

**1996: Part-time Instructor, Ankara University,** Department of Psychology. Instructed course in Interview Techniques.

**1993-2007: Clinical Psychologist (part-time), Psychological Counseling and Research Center,** Bilkent University. Duties include individual and group therapy with university students and conducting seminars for preventive purposes.

**1991-1993: Student Counselor, Preparatory School, Bilkent University.** Duties include preventive psychological services for the students, helping them adjust university life, conducting courses on counseling, training teachers and administrative staff on communication and counseling skills.

**1987-1991: Teaching Assistant, Ankara University.** Duties include teaching courses in Group Counseling, Learning and Introduction to Psychology

**1982-1984: Clinical Psychologist, The Program for the Development of Human Potential** (a prevention program for substance abuse), New York. Duties include providing psychological services for high school students in the high risk group for drug use as well as doing family therapy with their families, training psychologists and counselors on parenting skills, social skills, individual and group counseling in order to prevent drug use in the school systems.

**1980-1982: Trainee: Post Graduate Center West,** New York. Duties include running group and individual counseling sessions with schizophrenics at a day hospital.

## **PUBLICATIONS**

Öztan, N, Demiröz, F. ..& Savur, E., (in publishing) Psychosocial Services in Disasters and Crises: A Basic Training Handbook, Ministry of Family and Social Policies-UNICEF, Ankara.

Öztan, N. Elçin, D.& Aydın, O.E. (2018) The Principals of Interviewing with Special Needs Populations, Directorate Generale of Migration Office /IOM, Ankara

Gözden, M., Öztan,N. & Aker, T. (2012) The Training Handbook for Psychosocial Interventions. Turkish Red Crescent, Ankara.

- Öztan, N.& Gözden, M.(2009) Working with Children after Trumatic Events: A Handbook of Activities , Turkish Red Crescent, Ankara
- Öztan, N., Aydın, G.& Eroglu, C., (2003) Normal Reactions after Trauma: Psychoeducation Handbook (3.Edition) MEB/UNICEF Ankara Turkey.
- Öztan, N., Aydın, G., Eroglu, C., (2000) Normal Reactions after Earthquake: Psychoeducation Handbook MEB/UNICEF Ankara Turkey.
- Öztan, N. (1996). Interpersonal Relations Scale Reliability and Validity: A Pilot Study. VIII. National Psychology Congress Proceedings: Turkish Psychologists Association, Ankara.
- Şahin, N., Şahin, N. H., Yasak-Gültekin, Y., Durak, A., Urgan, Ü. & Öztan, N. (1994). Adolescent Research Studies in Turkey: A Bibliography. Vol. I. (1980-1994). Center for Psychological Research, Ankara.
- Şahin, N., Şahin, N. H., Yasak-Gültekin, Y., Durak, A., Urgan, Ü. & Öztan, N. (1994). Adolescent Research Studies in Turkey: A Bibliography. Vol. II. (1980-1994). Center for Psychological Research, Ankara.
- Tuğrul, C., Öztan, N. & Kabakçı, E. (1993). Golombok-Rust Sexual Satisfaction Scale: Standardization for Turkish Populations. Turkish Journal of Psychiatry, 4, 2, 83-88.
- Kabakçı, E., Tuğrul, C. & Öztan, N. (1993). Bitchnell Partner Evaluation Scale: Validity and Reliability Study. Turkish Journal of Psychology, 8, 29, 31-38.
- Öztan, N. (1990). An Eclectic Psychotherapy Model: Prochaska. Ankara University School of Education Journal, 22, 2, 801-819.

## CONFERENCES

- Öztan, N. (2021) Psychosocial Support Services in Disasters and Emergency , International Symposium on Mental Health Services in Difficult Situations, MOH-WHO, Ankara.
- Öztan, N. (2021) Mental Health Services in Immigrants, International Symposium on Mental Health Services in Difficult Situations, Ministry of Health (WHO)-WHO, Ankara.
- Öztan, N. (2019) Secondary Trauma. MUDEM All Staff Meeting, Ilgaz.
- Öztan, N. (2019) on The Mental Health and Stigma in Refugees and Asylum Seekeres. III. Hacettepe Mental Health Symposium Hacettepe University, Ankara.
- Öztan, N. (2019) II. Symposium on The Psychological Health of Refugees and Asylum Seekers. (Workshop and Panel)Başkent University, Ankara.
- Öztan, N. (2018) The Role of Turkey in Traveling for Hope. I. Symposium on The Psychological

Health of Refugees and Asylum Seekers. Invited Speech, Başkent University, Ankara.

Öztan, N. (2013) Training is Prevention , EUROPEAN NETWORK FOR PSYCHO-SOCIAL SUPPORT (ENPS) ANNUAL FORUM- 2013 Opening Speech and Training, Istanbul IFRCRC.

Öztan, N.& Erman, H.,(2013) Psychological first aid in Van Earthquake. *2013 International Van Earthquake Symposium*, Van.

Öztan, N., et all, (2013) Psychosocial interventions in Van Earthquake by Turkish Psychological Association. *2013 International Van Earthquake Symposium*, Van .

Öztan, N.(2012) Psychosocial Interventions in Van-Erciş Earthquake, *17. National Congress of Psychology*. Turkish Psychological Association, Istanbul

Öztan,N. (2012) The Psychosocial Problems of Refugees in Turkey and Proposed Solutions , *UNHCR Third Academic Seminar*, Istanbul

Öztan,N.(2010).Psychosocial Interventions after Disasters, *IV.Lisansüstü Psikoloji Kongresi*, ODTÜ,Ankara

Öztan,N.& Erden, G.(2003)The psychosocial approach to traumatic experiences. *XIII. European Conference on Traumatic Stress*, Berlin.

Erden, G. & Öztan, N. (2003) The role of group counselling sessions in the recovery process after an earthquake. *XIII. European Conference on Traumatic Stress*, Berlin.

Öztan, N. (1994). Are interpersonal styles universal? *23. International Congress of Applied Psychology*, July 17-22,1994, Madrid, İspanya.

Öztan, N. (1994). Ryle Scott-Heyes Marriage Patterns Scale: Reliability and Validity Study. *National Psychology Congress Proceedings.*, September 21-23, 1994, İzmir.

Şahin, N., Şahin, N. H., Oral, A., Urgan, Ü. & Öztan, N. (1994). Expetancy for Developmental Tasks in Adolesence. *Fourth Child and Adolesence Psychiatric Conference*, April 14-17, 1994, Uludağ University, Bursa.

Şahin, N., Şahin, N. H., Oral, A., Urgan, Ü. & Öztan, N. (1994). Age and Sequence of Development Tasks in Adolesence. *VIII National Psychology Conference*, September 21-23, 1994, İzmir.

## TRANSLATIONS

Beck, A.T. (2010) *Love is Never Enough*, Editor. Turkish Psychological Association Press, Ankara

Morris, C. (2002). *Understanding Psychology*. Chapter X, "Personality." Turkish Psychological Association Press, Ankara.

Schemel, B. (1997). Yönetim Eğitimi: Kuramdan Uygulamaya [*Management Training: From Theory to Practice*] (translator, N. Öztan & U. Çoruh), Turkish Psychological Association Press, Ankara.

*Myers-Briggs Kişilik Tipleri Ölçeği* (1982). (Turkish translation: N. Öztan), 1976, Palo Alto, California Consulting Psychologists Press, Inc.

Wheeler, L. (1975). *Interpersonal Influence* (translators: N. Öztan & N. Şahin), Ankara Üniversitesi, D.T.C.F.

### **PROFESSIONAL ACTIVITIES and MEMBERSHIPS:**

**The Member of Academic Consultant Committee-** AFAD 2016-Present

**President,** Turkish Psychological Association 2010-2012

**Delegate of TPA,** Union of Psychosocial Services in Disasters (UPSD) 2006-2016

**Member of Trauma Psychology Task Force,** Turkish Psychological Association 2000- 2018

**Coordinator** of Psychological Services Center for Turkish Psychologists Association, 1998.

**Executive Council Membership,** Turkish Psychologists Association, 1988-1998.

**Secretary General,** Turkish Psychologists Association, 1994-1998

**Editor,** Türk Psikoloji Dergisi (Turkish Journal of Psychology), 1990-1994 The Journal was accepted into PsychInfo during this time.

**Academic Consultant,** Turkish Journal of Crisis Intervention (Kriz Dergisi)

**International Member,** American Psychological Association.

**Member,** Turkish-German Association of Psychiatry, Psychotherapy and Social Health.